

When Mass cannot be celebrated publicly

Holy Thursday – Mass of the Lord's Supper

Foreword

*The Lord is my light and my salvation;
whom then shall I fear? :
the Lord is the stronghold of my life;
of whom shall I be afraid?*

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Examen

Before listening to the Word of God take a moment to reflect

For what am I grateful to God for today?

Where did I stray from God – through words, actions or things I did not do.

How might I do better tomorrow?

What grace do I ask from God in order to live more closely in his love.

You may wish to conclude by saying:

Lord Jesus, you have revealed yourself as the way to the Father:

Lord, have mercy. Lord, have mercy.

You have poured out on your people the Spirit of truth:

Christ, have mercy. Christ, have mercy.

You are the Good Shepherd, leading us to eternal life:

Lord, have mercy. Lord, have mercy.

First Reading

Exodus 12:1-8, 11-14

The LORD said to Moses and Aaron in the land of Egypt, "This month shall be for you the beginning of months; it shall be the first month of the year for you. Tell all the congregation of Israel that on the tenth day of this month they shall take every man a lamb according to their fathers' houses, a lamb for a household; and if the household is too small for a lamb, then a man and his neighbour next to his house shall take according to the number of persons; according to what each can eat you shall make your count for the lamb. Your lamb shall be without blemish, a male a year old; you shall take it from the sheep or from the goats; and you shall keep it until the fourteenth day of this month, when the whole assembly of the congregation of Israel shall kill their lambs in the evening. Then they shall take some of the blood, and put it on the two doorposts and the lintel of the houses in which they eat them. They shall eat the flesh that night, roasted; with unleavened bread and bitter herbs they shall eat it. In this manner you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it in haste. It is the LORD's Passover. For I will pass through the land of Egypt that night, and I will smite all the

first-born in the land of Egypt, both man and beast; and on all the gods of Egypt I will execute judgments: I am the LORD. The blood shall be a sign for you, upon the houses where you are; and when I see the blood, I will pass over you, and no plague shall fall upon you to destroy you, when I smite the land of Egypt.

"This day shall be for you a memorial day, and you shall keep it as a feast to the LORD; throughout your generations you shall observe it as an ordinance for ever.

Psalm:

115:12-13, 15-18

How can I repay the Lord
For his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name.

O precious in the eyes of the Lord
Is the death of his faithful.
Your servant, Lord, your servant am I
You have loosened my bonds.

A thanksgiving sacrifice I make
I will call on the Lord's name,
My vows to the Lord I will fulfil
Before all his people.

Second Reading

Corinthians 11:23-26

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'this cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

Gospel

John 13:1-15

It was before the festival of the Passover, and Jesus knew that the hour had come for him to pass from this world to the Father. He had always loved those who were his in the world, but now he showed how perfect his love was.

They were at supper, and the devil had already put it into the mind of Judas Iscariot son of Simon, to betray him. Jesus knew that the Father had put everything into his hands, and that he had come from God and was returning to God, and he got up from table, removed his outer garment and, taking a towel, wrapped it round his waist; he then poured water into a basin and began to wash the disciples' feet and to wipe them with the towel he was wearing. He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'At the moment you do not know what I am doing, but later you will understand.' 'Never!' said Peter 'You shall never wash my feet.' Jesus replied, 'If I do not wash you, you can have nothing in common with me.' 'Then, Lord,' said Simon Peter 'not only my feet, but my hands and my head as well!' Jesus said, 'No

one who has taken a bath needs washing, he is clean all over. You too are clean, though not all of you are.' He knew who was going to betray him, that was why he said, 'though not all of you are.'

When he had washed their feet and put on his clothes again he went back to the table. 'Do you understand' he said 'what I have done to you? You call me Master and Lord, and rightly; so I am. If I, then, the Lord and Master, have washed your feet, you should wash each other's feet. I have given you an example so that you may copy what I have done to you.'

Silent reflection - *Pause for a moment of silent reflection.*

Prayers

Intercessions

Pray for family and loved ones so that they may be held in God's compassionate care.

Pray for other countries who are struggling with the effects of the COVID 19 virus.

For those in authority:

may they offer advice with care and integrity, may they seek to protect the poor and vulnerable. *Lord, in your mercy. Hear my prayer*

For all who work in healthcare:

give strength to all who look after sick so that they may bring comfort and relief to the suffering. *Lord, in your mercy. Hear my prayer*

For the Church:

may she offer prayers and consolation for all those affected. *Lord, in your mercy. Hear my prayer*

For our local community and all for those in need:

may those who are isolated know the support and service of their neighbours. *Lord, in your mercy. Hear my prayer*

Lord's Prayer

Our Father...

Spiritual Communion - Prayer of St Alphonsus

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

Conclusion

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Additional Prayers

Pope Francis' prayer to the Virgin for protection

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith.

You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

Invocation of Our Lady

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me.

Prayer for the Household

Hear us, Lord, and send your angel from heaven to visit and protect, to comfort and defend all who live in this community. Amen.